

WEEK ONE – RULER

Please have a journal ready as you write down the memories/thoughts that the Holy Spirit is going to bring to your focus. There are things here that in the future you might need to come back to. You can follow along and read with me the first portion and then close your eyes and listen. Please ensure you are seated in a quiet place with no disruptions. It is key that everybody knows you should be left undisturbed for this period of time.:

1. **INTRODUCTION:** I greet you in the wonderful name of our Lord and Savior Jesus Christ. Today I am going to minister to your human spirit past, present and future.

Please say your name I call your human spirit forward to listen and respond to this prayer. Romans 12 v 6-8 refers to the PROPHET, SERVANT, TEACHER, EXHORTER, GIVER, RULER AND MERCY gifts. These align with our human spirit in which all 7 of these are to be in operation to varying degrees plus there are more parts to your human spirit.

Today we are going to talk to the Ruler portion of your human spirit. You are made up of Spirit, Soul and Body. Sometimes bad things happen, and we get broken. These broken pieces can be taken captive, and the remaining part can hide due to shame, guilt, fear etc.

If they have been taken captive, the enemy can put gatekeepers there to ensure they never escape or get rescued. But with the power of the blood of Jesus Christ and knowledge of our true identity we can find these parts, with the help of the Holy Spirit, his angels, heavenly host and we can remove the gatekeepers and rescue them.

I speak now to all gatekeepers interfering with access to your human spirit to be bound from interfering with this prayer in the name of Jesus Christ Yeshua HaMashiach. I speak to evil spirits, infirmities, demons, unclean spirits, lying spirits, familiar spirits and ruling spirits to be bound from operating in your gates and keeping parts of you in captivity. I speak to the wind, you will not blow my words away, but the wind of the Holy Spirit will carry my words and the words of the Spirit of the Living God safely to the ruler portion of this person hearing me now, in Jesus Name.

Any gatekeepers that are not demons, I ask the Lord Jesus Christ to bind you and prevent your interference. Jesus, please send your warring angels to overpower these entities preventing our full access to every part of this person's human spirit.

I bind the spirit of fear and intimidation from operating. I declare that your human spirit, the ruler portion be brought back into remembrance of its original design and blueprint going all the way back to when you were first created by Almighty God, whose only begotten son is Jesus Christ. Lord Jesus please help us to lead all the parts of this person's human spirit that are lost, stolen, broken, in captivity, or in hiding back to total freedom in you.

I speak that these unoccupied gates now be replaced with the gates of the 7 spirits of Yahweh. The gate of wisdom, the gate of knowledge, the gate of understanding and revelation, the gate of the fear of the Lord, the gate of council, the gate of might and the gate of the Spirit of the Lord.

2. **I am speaking to the Ruler portion of your human spirit.** Ruler you are blessed and highly favoured of the Lord, sent to earth to have dominion. Genesis 1:28 says And God blessed them, and God said unto Adam and Eve, Be fruitful, and multiply, and replenish the earth, and subdue it: and **have dominion** over the fish of the sea, and over the fowl of the air, and over every living thing that moves upon the earth. **This scripture says you are to have rulership. You have a kingdom to rule, a territory to govern.**
3. **Ruler,** just as you are on earth, you are also in heaven. How you sit on your throne in heaven is to manifest here on earth. When you speak from your throne, your orders must be followed so that it manifests on earth. Ruler - Ephesians 2v6 is talking about you. It says God has raised us up together and made us sit together in heavenly places in Christ Jesus. This is referring to the Sons of God and that is you and me. Revelation 1v6 says And God has made us kings and priests to our God and Father, to Him *be* glory and dominion forever and ever. Amen. Amen means SO LET IT BE. Bring it to pass. It must be done. You are a king, and a priest sent to earth to rule, to have battles, to defeat the enemy, and to possess the land. There are territories God has given you on your scroll. Your scroll is the heavenly document that has your assignments and purpose on it. It states what territories you are to have authority over. You are a ruler, meant to rule and reign as a king and priest here on earth as well as in the heavenly realm.
4. I want you to repeat after me...I cancel every lie that was said over me that said I am not a ruler. The truth is I am a **ruler**, and God has given me a domain, a territory in which I am responsible for here on earth and in the spirit realm. I speak to my ruler. Ruler you are to sit at the gate. You decide what is allowed in and what is not allowed in. Ruler - In your mouth God has put wisdom and authority.
5. I will read now...Leviticus 26v7 says You will chase your enemies, and they shall fall by the sword before you. Psalm 91v7 A thousand may fall at your side, And ten thousand at your right hand; *But* it shall not come near you. I call forth the warrior in you to arise, pick up your sword, destroy those standing in your gates, overthrow the enemy fighting against your rulership. You have heaven to back you up. Call on heaven. Ruler, you are not alone. Speak to the angels of heaven to come and assist you. You have the heavenly councils to assist. A plethora of resources are available to you for this kingdom mandate. Ruler - See the bigger picture, think big, let your vision return to you Now in the name of Yeshua HaMashiach the Jesus Christ.
6. Matthew 6v10 says Your kingdom come. Your will be done. On earth as it is in heaven. Ruler, you were sent to earth to bring the kingdom of heaven to earth. You are not an accident. You have been appointed for such a time as this. In the name of Yeshua HaMashiach Jesus Christ, we break every lying spirit over your human spirit that says you are not a Ruler and replace it with the truth of the scriptures in this prayer.
7. As you keep your eyes closed, I want you to picture everything I am saying. It is important to visualize yourself as a ruler. Your mind believes what it sees. **Ruler I want you to see yourself** sitting on your throne in heaven in Jesus. In your right hand is a sceptre of authority. You have a crown on your head, a signet ring on your finger to seal the decrees that you issue. Just like in the book of Esther, with the king, when a decree is issued it must be fulfilled. It cannot be nullified. This is the power of the words of a King.

8. So, Ruler, you need to be careful of what comes out of your mouth. Do not curse people, do not swear, do not use the Lord Jesus' name in vain. There is tremendous authority in your words and the enemy will document every evil thing you say and use it against you in the heavenly courts. Ruler, are you allowing soul and body to watch movies, TV, internet and listen to music that uses the name of Jesus in vain, where the lyrics/words of the music dishonour God? I call forth your ruler portion to act as a righteous ruler, to be strong and courageous and lead body and soul in a way that honours God even if it means you are walking alone.
9. Ruler - see yourself dressed in royal colours, feel how soft the material is that you are wearing, the rich texture. Ruler, when you engage with heaven ask God that you may see, hear, feel, taste in the spirit. This is needed to heighten your spiritual awareness, to make you more alert, that when the enemy comes in you will already know it and be ready. No enemy will be able to take you by surprise because you are so in tune with the spirit realm. No fear will operate in your domain, because you walk with exceeding authority and instead the enemy is very afraid of you, and trembles when they hear your name. Because you are an ambassador for the King of Kings Yeshua HaMashiach the Lord Jesus Christ.
10. Ruler, please repeat after me. I look like a ruler. I act like a king. I smell like a king. I smell like one who has been with the King of Kings and the Lord of Lords. You see Ruler, They said the same about the disciples of Jesus who hung around with Jesus in Acts 4v13 Now when they saw the boldness of Peter and John, and perceived that they were uneducated and untrained men, they marvelled. And they **realized that they had been with Jesus.**
11. You were born into royalty, nothing you do, no special education can give you this title. Only through your birth into the kingdom of God through Jesus Christ His Son, can you get this privilege of being a Ruler in the Kingdom of Almighty God. So do not compare yourself to other people, by looking at the way they dress, their education, the car they drive and discriminate against yourself or think that you are better than other people. You too need to be careful of a competitive spirit and of pride, to think of yourself more highly than you ought. It goes both ways ruler, you can undervalue yourself or overvalue yourself where you become critical of people because they are not like you.
12. Repeat after me: Lord Jesus, please forgive me for a spirit of pride and a critical spirit. Please show me the roots and help me to be free. Where I cannot see this in myself, please highlight it so that I can see it, and understand where it comes from.
13. Always look to how Jesus behaved and follow His example. Allow the 7 spirits who are around the throne of God to mentor and tutor you in the ways in which a ruler is to operate.
14. Now I want you to take the next 5 minutes to engage with your throne and everything I have just said. Draw if you have to but stay focused. As a man thinketh in heart so is he. Do not fast forward, this is very important to shape your thinking. (5minutes, can set your timer but I will play the music for 5 minutes on the recording)

15. **Now Ruler** – we are going to travel through time to find any parts of you that got broken off, are trapped, and need to be retrieved or are just wounded and need healing. I am speaking to your human spirit, whoever can answer now, to come to the forefront as we travel through time.
16. Think about a time in your life where your leadership was questioned.
- a. You were made to feel like a fool, laughed at, told to sit down, told you were a follower and not a leader, humiliated.
 - b. We are going to travel through time starting with your creation, before the earth was formed, and you were with Father God. Repeat after me, then pause this recording to hear or see anything and write it down. **Holy Spirit, my human spirit, was there any time from when I was created to the fall of Lucifer where my leadership was questioned, and I felt foolish? Yes or No? If yes, can you please show me what happened...**
 - c. Continue to repeat after me - **Holy Spirit, my human spirit, When Lucifer was still in heaven, and started to rise up against Almighty God did I question the leadership of Almighty God? Yes or No? If yes, can you please show me what happened....**
 - d. Continue to repeat after me - **Holy Spirit, my human spirit, From the time I left the presence of Almighty God, the journey I followed to end up in my mother's womb, did I at any time question the leadership of Almighty God? Yes or No? Was my leadership questionable during this period? Yes, or No? Did I lose my ruler? Yes or No - Please show me what happened....**
 - e. I want to go back in time to your conception. I want to speak to Ruler, and if Ruler is not there, any portion of your human spirit that is willing to speak I ask you to come forward now in the Name of Jesus Christ and to speak the truth:
 - Did your parents struggle to conceive you? Were you at any time kept in a petri dish, outside of the womb? Is it cold where you are right now? Yes/No? Is Ruler there? Yes/No?
 - What is your mother and father saying about you? Are they excited you are there? Can you hear your mother and fathers voice?
 - What about your grandparents are they happy to hear about you? What are they saying about you?
 - Is there anybody else where you are right now? Who is there? What is their name? What are they – are they human, are they good or bad – how do they make you feel?
 - Did you know that there is something called a vanishing twin? Where people have had a twin, but the twin is taken without the mother ever knowing she was carrying 2 or 3 babies...Whatever you are seeing and hearing, do not worry about deciphering it now, just look, listen and write it down. There is no right or wrong, so don't worry. You are not going to be judged, and it doesn't matter how crazy it might seem – what you are seeing just let the memory run. I am here to get ruler back on his or her throne and to restore rulership.
 - Human spirit - In what circumstances are you conceived? Is there rape? Is there incest?
 - Do you feel any shame, pain, guilt, woundedness because you are conceived?
 - How do you feel? Do you feel loved or if you were not conceived on purpose do you feel unwanted and that it was better you were not born? Remember I am not speaking to your soul, I am asking your human spirit which means whatever he or she says, you just write it down – don't question it now or condemn it.

- I am speaking again to your human spirit as you are in your mother's stomach – is anybody trying to hurt you, or even thinking or planning to kill you?
- How is the umbilical cord? Are you ok? Is there enough amniotic fluid? Do you feel safe? Are you drinking enough? Are you hungry/thirsty? Are you warm? Are you content? Are you happy?
- When your mom feels sad and is crying – how do you feel? Do you know that Jesus loves you and He loves your mom and dad very much?
- Are there any rituals being performed on your mother or father or family during this time? Are there any evil spirits or human spirits that have come to you and are there with you now? Can you see them? Or are they hiding but you know they are there?
- Is your human spirit being taken out of your body to other places? If this is happening, where are you going, what are you doing, what are you seeing?

17. As you go through these memories, ask Jesus where are you Jesus? Allow Jesus to comfort you and tell you the truth about who you are? Remember bad things do not happen because of Jesus but because of man's choices. What choices did your parents, grandparents, ancestors/forefathers make, that is causing the enemy to come and take from you? What trades, oaths, vows, covenants did they make with the devil, with other gods? What is being taken from you? Is ruler safe? Have they taken ruler? Has ruler been broken and shattered into pieces?

18. Just bring Jesus, bring the Holy Spirit, bring the angels, the heavenly host into the situation to comfort you and bring you healing. If any portion of you is being taken, go with the angels and rescue and retrieve it. Allow yourself to trust Jesus and walk you through these feelings and memories. Forgive Jesus if you have blamed Him for what is happening and allow Him to hold you and love your right now. (Music 5 minutes)

19. Repeat after me: Holy spirit what happened to Ruler when I was **Born**____? Were lies spoken about me? What is the truth about me? Everything we did regarding conception; you can go through your timeline one year at a time. Where you need to go into more detail, ask the Holy Spirit to guide your human spirit. [You will need to pause the recording, play some gentle music if needs be and go through these timelines...remember the focus is "Rulership".](#)

a. Time of birth

- b. A baby 0, 1
- c. Toddler 2, 3, 4, 5
- d. The first time your mother left you alone with someone.
- e. The first time you were taken to creche, or someone to be looked after.
- f. Primary school Grade R, Grade 1, 2, 3, 4, 5, 6, 7 (Standard 1, 2, 3, 4, 5)
- g. High school Grade 8, 9, 10, 11, 12 (Standard 6, 7, 8, 9, 10)
- h. After school. 18 year, 19 years.
- i. Jobs while in school (did you fail to do something right, how did you feel, how did your boss make you feel?)
- j. Tertiary studies, or lack of work and studies
- k. Work after school
- l. Changes in jobs, moving, changes in location.
- m. Retirement, or approaching retirement.

- n. Business adventures, failed adventures
- o. Loss of money or bad/uncontrolled spending that made you question your leadership.
- p. Cover each year after school 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30 etc...

20. For all of the above go through these questions regarding “RULERSHIP.”

- a. Remember what people said about you, spoke over your life that went against your rulership. Think about when they compared you to other people and belittled your leadership. Negative words your family members spoke over your life making you feel unworthy, unloved, or stupid. Think about those times when you were told to keep quiet and made to feel like what you had to say was not important.
- b. When you were in school were you, the last person selected on the team?
- c. How did you feel when you had to stand up in front of people to talk – where was Ruler?
- d. Were you thinking about what others thought of you, that they would laugh at you? What were their responses?
- e. Did you ever feel like nobody noticed you? Like you were invisible at times.
- f. Or perhaps you were a leader but led people down the wrong paths and misused, (Pause, go through these items thinking slowly and carefully, asking Holy Spirit to bring to your remembrance and your spirit man to recall.) misappropriated your leadership? Were you ever a bad leader? Maybe someone got hurt when you were leading the team, and you felt responsible and made a vow never to lead again.

21. **The next point is FORGIVENESS** – Please state your name.....I call your human spirit forward to stay engaged, to follow along. We are going to go back to the memories that you just got now and see where forgiveness is needed.

- a. Repeat after me: Holy Spirit have I forgiven this person?
- b. Who do I need to forgive?
- c. How does this person make me feel? This situation – how do I feel?
- d. Can I bless this person and pray for good things to happen to them?

22. **Go through the following steps:**

- a. Forgive the perpetrator (this is the person who hurt you).
 - b. Forgive yourself (Do you blame yourself for what happened? Even if you were wrong or right – can you forgive yourself? Jesus can forgive us for every sin, we need to do the same. Forgiveness doesn’t mean it was right what was done, but it frees us to receive Jesus’ forgiveness and love.)
 - c. Forgive God/Holy Spirit/Jesus. Say Father God I was angry at you because..... Please forgive me for believing lies about you and thinking you did not care.
 - d. Forgive others who weren’t there to help you. Forgive those who did not respond properly when this happened.
 - e. Were your siblings mistreated?
 - f. Was your mother mistreated or your father?
 - g. If you have children, were they mistreated?
- When those we love are hurt, it hurts us too and we carry that pain. I want to speak to Ruler – Ruler how did you feel when those you loved were mistreated? Did you feel incapable of helping them? Did you ever think as a child - If only I was bigger, I could have stepped in, I could have done something. Instead, you felt weak and defeated. We need to go back there, see where Jesus was in those situations and give that pain to Jesus. (Pause and take time to go through this)

23. **HEALING - RELEASE THE WOUNDS** – Ruler I want us to take the memories that have come to your mind, and I want to speak to the hurt inner children and hurt inner adults associated with these memories. Jesus died on the cross to take your pain and your brokenness. Can you close your eyes and see Jesus standing next to the open tomb where they buried him when he died?
24. Jesus is standing there with his arms open, and he is asking you to come to Him, let Jesus hold you and give Him all your pain. Give Jesus your unforgiveness, your feelings of unworthiness, your rejection and replace the lies with truth. There is nothing you have done that Jesus cannot forgive you for. Even if you killed somebody, raped them. Jesus will forgive you, if you come to Him.
25. Today hear Jesus' words to you: I have loved you; I first loved you and I will always love you. I know your pain, your sorrow, your trouble. I want you to give it to me, so it is not a distraction. Yes, what that person did was not right. Yes, you were hurt. This person who hurt you belongs to Me, and I will sort him or her out. You need to release this pain, bless them, give it to me and in return I will give you peace. The bible says Vengeance belongs to God. Let God be God and He will sort out His creation. When you think about these people, I want you not to see the person, but the demons controlling them and realize that you are not fighting people but the demons controlling them. When you do that, you will have compassion on them, as you realize they are not in control of their life.
26. Many times, people do things because they are acting out of trauma or other beings are in control. Ephesians 6v12 says "For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places." Every time this person makes you mad, just give Me the pain, give this person to Jesus, and let Him deal with it. Whatever a man sows He will reap. It is not for us to know the times; we need to Trust Him. Rebuke the spirits operating over them and love the person, realizing it is the evil spirits doing this to you.
27. Learn to be at peace in all circumstances. God will open the heavens and pour out a blessing. Allow God to restore you, your kingship, and your ruler anointing.
28. I would like to talk to the hurt inner children and hurt inner adults associated with these memories, if you will come forward and let me speak to you. I am speaking now to the hurt inner children and hurt inner adults associated with these memories, and I want to tell you that Jesus loves you very much. That He died on the cross to take away your pain. Jesus never wanted these bad things to happen to you, but man has a will, and God has given man a free will to choose. All the hurt inner children and hurt inner adults listening to my voice, can you see Jesus. Lord Jesus, will you show yourself to them? Do you see how Jesus is opening up His arms in love towards you? He wants you to go to Him, and He will take you to a safe place.
29. REPEAT AFTER ME - It is okay, you can go with Jesus. Jesus will take you to a safe place. Jesus is with me; Jesus will protect me. I am going to be okay. Close your eyes and just see those hurt inner children and hurt inner adults who experienced all that pain to go with Jesus now.....
(pause music – just watch now)

Are there any hurt inner children or hurt inner adults that are still here that did not, could not, or would not go with Jesus?

30. If so, take time to find out why and work with the Holy Spirit and the angels to free them, to minister to them, and see again if they will go with Jesus. If not, be patient, write this down so that in due time it can be dealt with.

31. We are now going to go and RESCUE ANY PORTIONS OF YOUR RULER THAT HAS BEEN TAKEN INTO CAPTIVITY.

Repeat after me: I speak over myself now, that any portion of my ruler that has been taken into captivity, be released in "Yeshua HaMashiach Jesus Christ's Name. I command the immediate removal of every impaling object, spear, arrow, tracking device, chain, handcuff, blindfold, gagging device, and counterfeit garment. I ask that the angels war on my behalf to rescue any portion of me taken into captivity whether off planet, hollow earth, in the waters, or in any dimension, age, timeline and realm. Any legal rights the enemy has to keep portions of me in captivity please show me what it is and how to deal with it.

32. The word of God says that nobody can hide from you. I decree and declare that all hidden parts, hidden memories, secrets will be revealed and dealt with in Jesus name. Your word says in Psalm 139:7-12 Where can I go from your Spirit?

Where can I flee from your presence?

8 If I go up to the heavens, you are there.

if I make my bed in the depths, you are there.

9 If I rise on the wings of the dawn,

if I settle on the far side of the sea,

10 even there your hand will guide me,

your right hand will hold me fast.

11 If I say, "Surely the darkness will hide me.

and the light become night around me,"

12 even the darkness will not be dark to you.

the night will shine like the day,

for darkness is as light to you.

33. Your Word says God that you punish those who take our souls into captivity, and how much more our spirit. Any portion of our spirit or soul taken into captivity as a result of these memories we ask that your angels be sent out, that you Jesus will wage war with the enemy as the Captain of the Host of the Army and rescue my parts, my families parts, my children's parts.

34. You said in Ezekiel 13v20 Therefore thus says the Lord God: "Behold, **I am against your magic charms** by which **you hunt souls there like birds**. I will tear them from your arms, and let the souls go, the souls you hunt like birds. ²¹I will also tear off your veils and deliver My people out of your hand, and they shall no longer be as prey in your hand. Then you shall know that I *am* the Lord.

35. You said in Psalm 91:3 that you will deliver me - ³Surely, He shall deliver you from the **snare of the fowler** And from the perilous pestilence. I am asking you Lord Jesus to rescue any portion

of my spirit, soul, body that has been taken into captivity to be rescued. I also speak to any portion of my ruler that has been hidden to be healed in Jesus Name. Come forth and take your place as joint heir in Jesus Christ.

36. REPEAT AFTER ME: I pray for justice and judgment against my enemies in the spirit realm. I ask for restoration and 7-fold payback for what has been taken from me and my family, living, dead and future generations. I ask that my rulership, my kingship be restored in Jesus Name. I ask for the restoration of my throne, my crown, my sceptre, signet ring, royal garments, inheritance, destiny, birthright be restored in "Yeshua HaMashiach" Jesus Christ's Name. May your angels be sent out on assignment to bring my portion back with interest.

37. Continue to repeat after me and see this with your eyes: All forms of witchcraft, rituals, altars bearing my DNA and my spouses, my seed, my future generations and my families be destroyed, cancelled and nullified in "Yeshua HaMashiach Jesus Christ's Name. I plead the blood of Jesus Christ against these altars, holding my spirit, soul and body in captivity, bearing my name, my spouses, my family names – be destroyed in Jesus Name. Uproot any ungodly tree that represents me and my family in Jesus Name and destroy it.

38. I speak a wall of fire and a hedge of protection around you, your family, spouses, future spouse if you not married - Let your human spirit, including the ruler be protected now, in Jesus Name.

I declare according to these scriptures that nothing is hidden from God and ask for the memories of your human spirit to be restored from the time of its creation till now. Lord Jesus give them the patience, endurance, tenacious zeal, determination that is needed to REBUILD the old ruins, to RAISE UP the former desolations, to REPAIR the ruined cities and to RESTORE the paths to dwell in.

39. I call for the oil of anointing to be poured over all your rescued parts, over your head, your family, those on your prayer list, those on this challenge (past, present and future) in large quantities. I call for your parts to be washed in the living waters that flow from the throne of Almighty God to minister to your parts the bread of life. I call for the stripes of Jesus to be applied to every wound and affliction of your spirit, soul and body and speak restoration and healing now in the name of "Yeshua HaMashiach".

40. I speak the plans and purposes that God has over your life, over all your parts Luke 4v18,19
"The Spirit of the Lord *is* upon you. He has anointed you to preach the gospel to *the* poor;
He has sent you to heal the broken-hearted,
To proclaim liberty to *the* captives
And recovery of sight to *the* blind,
He has set you at liberty those who are oppressed;
¹⁹And to proclaim the acceptable year of the Lord."

Ruler I speak Luke 4v18,19 over you as done, signed, sealed and delivered in Yeshua HaMashiach Names, our Lord and Saviour Jesus Christ, and with my signet ring as King representing the Most High God.