BREAKTHROUGH STRATEGY TO ENTER INTO REST

I have realized that many of us are going to need an EXTRA BOOST to push through to the next stage of our breakthrough, including myself. I am looking for some forerunners who are going to run with me for 2 hours a day for 19 weeks or work at it 1 hour a day at your own pace. To add to this, you can fast one meal a day, or one day a week, or however you want to so that there is some form of sacrifice.

If 2 hours sounds intimidating, you can customize the whole program that incorporates the recommended teachings. The idea is to establish rest so that it becomes a lifestyle, but we first have to breakthrough. Entering REST is going to challenge you and it won't be easy – but that is why this structure is designed to ease you in.

Accountability is going to help. Get people to join with you, have accountability groups. Once we breakthrough to that state of rest – we will enter limitlessness. Will it take 19 weeks to breakthrough into rest, maybe not, but it will certainly make a big dent. And as we continue, we will eventually breakthrough.

DO I NEED DATA? Yes, but you can download the sessions so that it can be done offline. HOW MUCH TO DO THIS? You will need to invest in the little book "The War is On" for the author. If you don't have the money but still want to do it, speak to me.

HOW DO WE SPEND THE TIME?

- 1. We are going to engage with the book "The War is On". One chapter a week.
- 2. We are going to familiarize ourselves with each of the Hebrew Letters.
- 3. Scripture visualization you will go deeper into the word of God and use it as a door.
- 4. Songs selected are often used for the theme of the week or for visualization. Songs sing of the wonder of God, His throne room so that you fully visualize and go in.
- 5. You will learn to see in the spirit standing up with your eyes open. That means if you risk falling asleep this way can help.
- 6. Speaking in tongues is part of the daily routine. We will create short videos to help anyone who doesn't speak in tongues. Tongues is like seeing in the spirit, we ask, we do, and the day will come when you know you crossed over and are hearing and connecting with God.
- 7. We will visualize and speak into our prayer points for each person on the challenge, our prayer list, and learn to work with the angels and heavenly realm to go in on assignment to see these prayer points come to pass. We will use our prophetic voices to issue decrees.
- 8. Daily prayer: There is another initiative we have that is a 365-day initiative, 15 minutes a day, to cleanse time. This is a one-page prayer that is a catalyst for exposing truth and pulling down amnesia walls. It is recommended to do this prayer with this challenge as they go hand in hand and the Arthur Burke teachings. Any days missed on this challenge you just catch those days up the next year. It is based on time.

This is going to radically shift and change the way you have done things in the past and help push you into the Kingdom age.

You will learn to sit on your throne and rule from there. You will learn what the Kingdom of Heaven looks like and how to bring it to earth. You will learn how to war in ways you have never done before. We will have heavenly court cases, council visitations, enter the war rooms to strategize, and engage in battles for rulership.

WHO IS THIS FOR? Anyone.

- · You are desperate for a breakthrough.
- You are looking for answers, reasons for blockages, in need of healing.
- Things need to change.
- You want to grow more, help others.
- You want to move towards the glory of God and enter the rest.
- You are wanting to see the promises of God manifest.
- You believe the whole bible is true and want to see it manifest.

This is not a quick fix, but it is a good boost. This is only one part of the rest strategy. It is going to take time and hours of practice – but once we break through, it isn't going to be as hard, instead we will yearn for it, and learn to walk/see in the spirit whilst doing our day-to-day activities.

If this whole thing is foreign to you. Don't worry, there are teachings to help you along and God will take you at the pace you are willing and able to move at. It has taken us years to get to this point, so a couple more months of intense pushing through is well worth it. We want breakthrough and once we break into Rest.... the rest is history!

If this sounds hard, we will be creating short YouTube videos that you can practise with to help increase your time of rest. Like exercise, you don't just start by running a 2-hour race. You build up to it. In this strategy, though it is 2 hours, it incorporates short periods of rest to build the muscle.

May God give you the grace needed for this, and the determination to never give up, no matter how hard it is. This is not the end of the road. In everything I have experienced in life, no road is ever the last road. It is always an invitation to learn and grow until the next road presents itself.

So don't put all your eggs in one basket. Don't say, this is the last stop, if this doesn't work then I give up. Your Father in heaven loves you very much. Trust Him, lean on Him and He will take you places you never dreamed of. And in the process of the journey, you will find the answers to the purpose in life.

Breakthrough is never just in one place but a series of steps, taken at the speed and intensity we are willing to commit to. With intensity comes the equal importance of obedience and the ability to accept and embrace change. God is not a Genie in a bottle that if you pay Him, put in your time, He owes you answers and your breakthrough. You can't bribe God and there are no shortcuts. Breakthrough is like an onion - you need to peel away layer upon layer until you get to the amnesia walls and programs that require a code to crack!!

Enjoy the ride. Enjoy the journey of discovery, and in the process, you will find what you are looking for.

Love,

Charmain Peter Harvesting Nations 1 July 2025